

**ENR 3.6 EN-ROUTE HOLDING**

<i>HLDG ID / FIX / WPT Coordinates</i>	<i>INBD TR (°MAG)</i>	<i>Direction of PTN</i>	<i>MAXIAS (KT)</i>	<i>NMN-MAX HLDG LVL FL/FT (MSL)</i>	<i>TIME (MIN) or DIST OUBD</i>	<i>Controlling unit and Frequency</i>
1	2	3	4	5	6	7
ADLOD Natania NAT VOR/DME 320034N 0351509E	319	Left	230	6 000 FT - 10 000 FT	1	Ben-Gurion TMA 119.50 MHz
BEN GURION Ben-Gurion BGN VOR/DME 320047N 0345231E	270	Left	230	4 000FT - 8000 FT	1	Ben-Gurion APP 120.50 MHz
KONFO Ben-Gurion BGN VOR/DME 322542N 0340656E	128	Right		5 000 FT – FL 200	1	Tel-Aviv ACC 121.40 MHz
ZOFAR Zofar ZFR VOR/DME 303332N 0350943E	199	Right	230	6 000 FT - 14 000 FT	1	South Control ACC 120.90 MHz
	199	Right	240	15 000 FT - 20 000 FT	1:30	
	199	Right	265	21 000 FT - 34 000 FT	1:30	
NURIT Zofar ZFR VOR/DME 300410N 0350357E	185	Right	215	5 000 FT – 15 000 FT	1	South Control ACC 120.90 MHz
SHANI Zofar ZFR VOR/DME 301335N 0350554E	185	Right	230	5 000 FT – 10 000 FT	1	South Control ACC 120.90 MHz
EILOT Eilot LOT VOR/DME 293629N 0345834E	185	Right	230	4 000 FT – 9000 FT	1	Above altitude 7,000 ft: South Control ACC 120.90 MHz At or below altitude 6,000 ft. EILAT/ILAN AND ASAF RAMON TWR 119.00 MHz
METZADA Metzada MZD VOR/DME 311954N 0352330E	001	Left	230	10 000 FT – 14 000 FT	1	South Control ACC 120.90 MHz
			240	15 000 FT – 20 000 FT	1:30	
			265	21 000 FT – 24 000 FT	1:30	
			265	25 000 FT – 34 000 FT	1:30	
			0.83mach	35 000 FT – 37 000 FT	1:30	
NATANIA Natania NAT VOR/DME 322002N 0345808E	213	Right	230	4 000 FT – 6 000 FT	1	Military Control ACC 118.40 MHz

The en-route holdings may be used only when indicated as CLEARANCE LIMIT or after permission from ATC.